

Step 1: Submit your EAP

Once you're ready to submit, all s/EAPs (narrative and budgets) should be submitted to DREF.anticipatorypillar@ifrc.org and the IFRC Delegation closest to the National Society. IFRC encourages National Societies to submit their s/EAP using the 'submission' proforma message, however, this is not compulsory. You will also find some of the suggested IFRC counterparts to copy in the submission email in the proforma template in the [toolbox](#).